

Empowered: How to Create a Juicy Life

"You are living juicy! Ride into your life on a creative cycle, full of juice, abundance, and ecstatic wonderment. You are a star!" – SARK

"We have a power cord called thought. We can plug our thoughts into any idea we choose. We can unplug our power cord from the problem and plug it into a spiritual solution." – Rev. Sharon Connors, *Adventures in Resilience*

To My Partners on the Path,

I saw it with my own eyes—the most extraordinary expression of power I had never even imagined. It was July 16, 1969. I stood just across a waterway from the launch pad at the Kennedy Space Center on Merritt Island, Florida. The vibrant countdown, 5,4,3,2,1, and the Saturn V rocket exploded in every shade of yellow, orange and red as flames engulfed the Apollo 11 spacecraft. Slowly, gracefully Apollo 11 rose from the launch pad with Neil Armstrong, Buzz Aldrin, and Michael Collins aboard and heading for a walk on the moon.

What did it take for that monumental feat of the launch and Armstrong's and

Aldrin's walk on the moon? No doubt it took the faith of all the engineers and scientists involved as well as the faith of the astronauts. It took astronomical vision and imagination. It took a huge dream and a clear vision of what could be possible despite general sentiment to the contrary.

But, you see, with our God all things are possible. Nothing is beyond God's creative power. Our God is juicy with infinite beautiful possibilities and ever seeks to express this breathtaking creative power through you. You are juicy with creative power despite what you may believe.

How juicy is your thinking? What possibilities do you envision? Are you willing to amplify your faith to draw it to you? How do you make your faith juicy?

What gives you juice to go on when you don't want to; to pursue a dream when it looks impossible?



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May 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 3pm Grief Group 4:30pm TOPS 5pm ACA	2 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA 1:30pm <i>E³ Enrichment Circle</i> led by Billie Shawl 5pm Healing Hands	3 10:00am SW Vly Enlightenment Ctr Metaphysical	4 9am Outreach Knit & Crochet 10:30am AA 6pm OA	5	6 10:30am Womens Group Rising
7 10:30am <i>What's Juicy for You?</i> Rev Sharon Connors Noon-2pm Board Training 12:30 Prayer Chaplain Meeting	8 3pm Grief Group 4:30pm TOPS 5pm ACA	9 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA	10 6pm Sound Healing Meditation	11 10:30am AA 6pm OA	12	13
14  10:30am <i>Powered by Juicy Ideas</i> Rev Sharon Connors 11:45am Fellowship Mother's Day Brunch	15 3pm Grief Group 4:30pm TOPS 5pm ACA	16 10am Circle of Prayer 10am ARE 10:30am A Course of Love 5pm Healing Hands	17 10:00am SW Vly Enlightenment Ctr Metaphysical	18 9am Outreach Knit & Crochet 10am Men's Group 10:30am AA 6pm OA	19	20
21 10:30am <i>Keep it Simple</i> Rev Billie Martini 11:45am Fellowship	22 3pm Grief Group 4:30pm TOPS 5pm ACA	23 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA	24	25 10:30am AA 6pm OA	26	27
28  10:30am <i>Honor</i> Rev Sharon Connors 11:45am Fellowship Noon USC Board of Trustees Meeting	29 3pm Grief Group 4:30pm TOPS 5pm ACA	30 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA 5pm Healing Hands	31 6:00pm Power Meditation			

May Birthdays:

07 — Charlie Mannino
08 — Judy Phillips

09 — Sue Posey
11 — Linda Martodam

13 — Judy Moxley
14 — Diane Fielding

30 — Patricia Jones

Mission Statement:

To teach and demonstrate principles that inspire people to live their greatest life through discovering Spirit within.

Vision Statement:

Advance spiritual growth in our community and our world by expressing love for all, acceptance of all and service to all.

Bereavement Group Mondays at 3pm

Are you dealing with grief over the loss of your loved one? Sometimes that grief will hit you like a brick at the beginning of your bereavement; sometimes it slowly creeps up on you; often you'll move through different layers of grief over the years. Join the Bereavement Group Mondays in the Serendipity Room. All are welcome.

12-Step Meeting for Adult Children of Alcoholics/Dysfunctional Families (ACA) Mondays at 5pm

This group meets weekly in the Ken Haines Memorial Library. The meetings are a safe, loving place to explore ways to live in the "solution" — a way of life healed of the issues of living in an addictive environment. ACA focuses on 'The Solution,' which is to 'Become your own loving parent.' Attendance at Unity not required. *Love offering.*

Board Training — May 7th

Ministry Wellness Consultant, Rev. Charli Tupper will be here on Sunday, May 7th to train our board members. Trustees, please be sure to mark your calendars for this very special meeting, which will run from Noon to 2pm.

Mother's Day — May 14th

"I believe the choice to become a mother is the choice to become one of the greatest spiritual teachers there is."
— Oprah Winfrey

Ladies, we want to honor you this Mother's Day! So please plan on joining us Sunday, May 14th for our 10:30 Celebration Service to receive a special blessing and gift; then plan on staying for a delicious Mother's Day luncheon, prepared and served by our wonderful group of men. — It will be fun!

Memorial Day — May 28th

"So long as the memory of certain beloved friends lives in my heart, I shall say that life is good." — Helen Keller

Join us for a special Memorial Day service on Sunday, May 28th, when Rev. Sharon's lesson will be on *Honor*. We will be honoring our heroes who have served in our nation's military service, as well as all of our volunteers who serve our church and congregation so lovingly.

A Course of Love Tuesdays @ 10:30am Facilitated by Renee Falkowski Meet in the Church Library

Crystal Bowl Sound Healing Meditation Wednesday May 10th at 6pm

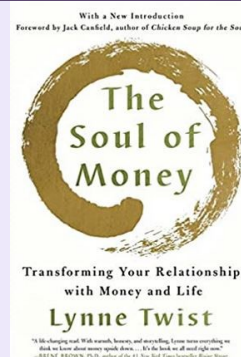
Emily Slonina will lead a Crystal Bowl Sound Healing Meditation. This is a public event; no yoga experience required. Bring a blanket or yoga mat and pillow if you like to lay down. And bring WATER! *Love Offering*

Monthly Power Meditation Wednesday, May 31st at 6pm

A powerful, deep meditation in our Sanctuary. Whether you are a newcomer to meditation or experienced, this will be an opportunity to practice various meditation traditions and the blessings of group meditation. *Love offering.*

June Book Study

Stay tuned for news on June's Enrichment Circles, when we'll be studying Lynne Twist's book, *The Soul of Money*.



Arts & Crafts Exhibition

Calling all crafters and artists: Joy Love is organizing an Arts and Crafts Exhibit for Sunday, June 11 after our celebration service. If you are interested in showing off and possibly selling your lovely creations, please let Joy know: (302) 249-3647



Be sure to visit the Fillmore Classroom, where Donna Combs' beautiful, quilted masterpieces are on display now!

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Our Unity teachings, theology, and Christology, are founded on what it means to be created in the image and likeness of the Creative Principle of Absolute Good—an all-good God that is Love itself, ever seeking to live in, through and as you. Now that is *definitely* juicy. Plug into it!

Grateful for you,
Rev. Sharon

Power of the Month: Spiritual Power

"Power is increased through exalted ideas...There is a universal creative force that urges (mankind) forward to the recognition of the creative power of individual thought." Charles Fillmore

Power is the key in your ignition that starts all your powers. It is the energy of creative expression—for better or for worse.

Women's Group Rising

The Women's Group has a fun outing in mind for May 6! We will be meeting at the Pink Door Tea House in Old Town Glendale's Historic District at 7153 N 59th Ave. We'll be served little sandwiches, scones, cakes, a variety of condiments and tea!

Then, stay tuned for some exciting news regarding a combined Women's & Men's group meeting on June 3rd, when Stan and Billie Shawl will take you through their recent visit to Thailand.

Men's Group

The Men's Group will meet Thursday, May 18th at 10am at Tivoli Gardens restaurant in Surprise at 12555 W. Bell Rd. The men have been having a great time learning about one another and supporting each other. Come see for yourself. You don't have to be a member to join in the fun. In fact, bring a friend! He'll thank you for it! Sign up in the sanctuary lobby or bookstore so Ken knows how much space will be needed. Contact Ken Weidner with questions: Weidner2000@yahoo.com.



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Spiritual Center

We're on the Web at
www.unitysc.org

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Rev. Sharon Connors, Sr. Minister
Rev. Lei Lanni Burt, Assoc Minister
Rev. Billie Martini, Assoc. Minister

Licensed Unity Teacher

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Linda Cogdill, LUT Candidate

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Tuesday through Thursday
8:30am to 5pm



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