

2023: “Courting the Divine: Empowered & Blessed”

"You are living juicy! Ride into your life on a creative cycle, full of juice, abundance and ecstatic wonderment. You are a star." Sark

“Deep within us, there is a direct connection to the Divine. There is a part of your being that is beyond the personal self. You can consciously choose to identify with that part, rather than with the psyche or the body. When you do this, a natural transformation of being takes place within you.” Michael Singer

Dear Friends on the Path,

I've got some questions for you as we begin this sparkling new year together. Ready? Put on your creative thinking cap. If I asked you, “are you living a juicy life?” what would you answer? What would it take to create what you would call a “juicy life”? What wonderful experiences would you like to bring into your life this year? What would make this year a blessed year for you? What seeds do you want to plant in the fields of your life – seeds that when nurtured will bring a juicy harvest of good. And, lastly, if you were “courting the divine,” what would you be doing?

You know how it feels when you put a focus on something that is very important to you? You make it happen, right? You go the extra mile. You don't let circumstances stop you. Here's what to be sure of: when God is pushing on your heart to be something or do something, God equips you to be it and do it.



This is a year to be empowered to do what makes your heart sing. This is a year to be astonishingly blessed as well as to be aware of how blessed your life and you are. This is a year of harvest—to harvest the blessings and gifts in all the fields of your life. All you have to do is plant good seeds, nourish them and they will flourish. And so will you.

What will it take? It will take a commitment to “court the divine.” That's what this year is about. Let the good times roll!

Walking with you,
Rev. Sharon

January 2022 Calendar Living Untethered

Sun	Mon	Tue	Wed	Thu	Fr	Sat												
1  10:30am <i>Blessed from the Start</i> Rev Sharon Connors Burning Bowl Ceremony during service 11:45am Fellowship	2 4:30pm TOPS Office Closed	3 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA	4 10:00am SW Vly Enlightenment Ctr Metaphysical 10:30am <i>Living Untethered</i> led by Rev Sharon Noon Put Away Christmas Decorations	5 9am Outreach Knit & Crochet 10:30am AA 6pm OA	6 Office Closed	7 10:30am Women's Group Rising												
8 10:30am <i>Epiphanies on the Road</i> Rev Sharon Connors White Stone Ceremony during service 11:45am Fellowship 12:30 Prayer Chaplain Meeting	9 4:30pm TOPS Office Closed	10 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA 5pm Healing Hands	11 10:30am <i>Living Untethered</i> led by Rev Sharon 6pm Sound Healing Meditation	12 10:30am AA 6pm OA	13 Office Closed	14 Office Closed												
15 10:30am <i>Sowing & Reaping in the Garden of Life</i> Rev Sharon Connors 11:45am Fellowship—Church Sponsored Noon Town Hall Meeting 12:30pm Prayer Chaplain Orientation	16 4:30pm TOPS Office Closed	17 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA	18 10:00am SW Vly Enlightenment Ctr Metaphysical 10:30am <i>Living Untethered</i> led by Rev Sharon	19 9am Outreach Knit & Crochet 10am Men's Group 10:30am AA 6pm OA	20 Office Closed	21 Office Closed												
22 10:30am <i>Anthropology of the Heart</i> Rev Sharon Connors 11:45am Fellowship Noon USC Board of Trustees Meeting	23 4:30pm TOPS Office Closed	24 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA 5pm Healing Hands	25 10:30am <i>Living Untethered</i> led by Rev Sharon 6pm Power Meditation & Healing Service in Sanctuary	26 10:30am AA 6pm OA	27 Office Closed	28 9am Come Apart for Awhile Class												
29 10:30am <i>How Big is Your Frying Pan?</i> Rev Lei Lanni Burt 11:45am Fellowship	30 4:30pm TOPS Office Closed	31 10am Circle of Prayer 10am ARE 10am Prayer Chaplain Interviews 10:30am A Course of Love 10:30am AA	<h3 style="margin: 0;">January Birthdays</h3> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">05 — Howard Fisher</td> <td style="width: 50%;">24 — Pam Burt</td> </tr> <tr> <td>11 — Craig Smith</td> <td>24 — JoAnn Cupp</td> </tr> <tr> <td>12 — Jimmy Lovato</td> <td>24 — Doug Krause</td> </tr> <tr> <td>13 — Sandra Hurlbut</td> <td>25 — Arlene Vavra</td> </tr> <tr> <td>18 — Jim Rasmusson</td> <td>26 — Rev Sharon Connors</td> </tr> <tr> <td>19 — Rosemary Matney</td> <td></td> </tr> </table>				05 — Howard Fisher	24 — Pam Burt	11 — Craig Smith	24 — JoAnn Cupp	12 — Jimmy Lovato	24 — Doug Krause	13 — Sandra Hurlbut	25 — Arlene Vavra	18 — Jim Rasmusson	26 — Rev Sharon Connors	19 — Rosemary Matney	
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Mission Statement:

To teach and demonstrate principles that inspire people to live their greatest life through discovering Spirit within.

Living Untethered Discussion Group
Wednesdays beginning Jan. 4th 10:30-Noon
Facilitated by Rev. Sharon Connors
Zoom Meeting ID 577 896 8885

We'll kick off the New Year discussing Michael Singer's sequel to *The Untethered Soul*. Join us for a provocative and meaningful discussion of what it means to live an untethered life -- that is, a life that is not tethered to resistance of what is; not constantly judging; a life that is managed and controlled by self-will. What does a life look like that fully embraces life, that is spiritually grounded, that is clear about what is possible, that continues to evolve the divine within to create a blessed and empowered experience here in the years given you? Join us Wednesdays in January to find out. This book is available on Amazon and at other booksellers. We will meet in the Fillmore classroom on the Unity Spiritual Campus, and via Zoom Meeting ID 577 896 8885.

Burning Bowl Ritual
January 1 During Service

Anytime you want to clear out unwanted memories and conditions from your life, a burning bowl ritual offers a sacred and powerful way to release negativity. The goal of the burning bowl ritual is to make space for new beginnings. Whatever the circumstances, the purpose of the ceremony is to shift consciousness. It's about becoming still, naming what you want to release, and letting it go.

When we let go and let God, we experience freedom. Letting go opens us to the power of inspiration, insight, wisdom, and love.

Welcome the New Year!
Burning Bowl Ceremony

January 1st @ 10:30AM

Rev Sharon Connors

A Course of Love
Tuesdays @ 10:30am
Facilitated by Renee Falkowski
Meet in the Church Library

Crystal Bowl Sound Healing Meditation
Wednesday January 11th at 6pm

Emily Slonina will lead a Crystal Bowl Sound Healing Meditation. This is a public event; no yoga experience required. Bring a blanket or yoga mat and pillow if you like to lay down. And bring WATER! Love Offering \$10.

Monthly Meditation and Healing Service
Wednesday, January 25th at 6:00pm

A powerful combination of deep meditation followed by a healing service. Whether you are a newcomer to meditation or experienced, this will be an opportunity to practice various meditation traditions and the blessings of group meditation. Please pre-register in lobby or bookstore or by calling the office. *Love offering.*

White Stone Ceremony
January 8th During Service

In ancient times, the white stone was a symbol of a new kind of freedom, of overcoming and stepping into new possibilities. At Unity we use this ceremony to set our intentions for the New Year. Rather than focusing on what we will do, we focus on who we are called to be in order to birth the emerging vision of our highest essence.

What are you affirming for the New Year? Join us January 8th during Service for our White Stone Ceremony

Vision Statement:

Advance spiritual growth in our community
 and our world by expressing love for all, acceptance of all and service to all.

Power of the Month: Faith

Simple: Faith is believing BEFORE you see. Hebrews 11:11 says it this way, "Faith is the substance of things hoped for and the conviction of things not seen." Dr. Wayne Dyer said it this way: "You'll see it when you believe it." When your heart and mind are aligned in faith, something wonderful can happen. Faith is your "yes" saying power. Yes to God, good and Truth.

Please help us say goodbye to the Christmas season by gathering to take down our decorations on Wednesday, January 4th at noon, immediately following Rev. Sharon's 10:30 book study. Then plan to stay for a final celebratory luncheon of the season.



Town Hall Meeting & Church-Sponsored Lunch

Stick around after service on Sunday, January 15th for our quarterly Town Hall Meeting. Enjoy a church-sponsored lunch while you learn about your church's plans for 2023!

Want to Learn More About Our Prayer Chaplain Ministry?

Completing the Prayer Chaplain training and "being" a Prayer Chaplain is transformational soul work. You are invited to prayerfully consider becoming a Prayer Chaplain, and if it resonates with you and feels like an opportunity you would like to explore, please plan on attending our Prayer Chaplain Orientation on **Sunday, January 15th at 12:30pm in the Fillmore Classroom**. This orientation is mandatory if you ultimately do decide to take this next step in deepening your prayer life, as well as for all current Prayer Chaplains who want to continue service during 2023.

Women's Group Rising

On Saturday, January 7 at 10:30am, all women interested in participating in planning our activities during the coming year will gather to enjoy a complimentary continental breakfast and re-imagine what the new year might look like for the group. Please register in the church lobby or bookstore.

Men's Group

All men are invited to the Men's Group, which will meet on Thursday, January 19th at 10am at Tivoli Gardens in Surprise at 12555 W. Bell Rd. You don't have to be a member to join in the fun. In fact, bring a friend! He'll thank you for it! Contact Ken Weidner with questions KWeidner2000@yahoo.com.


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Spiritual Center

We're on the Web at
www.unitysc.org

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Rev. Sharon Connors, Sr. Minister
Rev. Lei Lanni Burt, Assoc Minister
Rev. Billie Martini, Assoc. Minister

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Office Hours:

Tuesday through Thursday
8:30am to 5pm



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