

In Search of Truth: Thoughts & Poems for the Journey

"Do not be conformed to this world but be transformed by the renewal of your mind that you may prove what is the will of God, what is good and acceptable and perfect." ~ Paul to the *Romans 12:2*

To my friends on the spiritual journey,

I know today that fear stalked me. From the first day at five years old, when my mom walked me the two excruciatingly long blocks to the kindergarten class, fears have been an intrusive companion.

I remember today, so many years later, that gigantic linoleum-paved floor with tiny windows near the ceiling. My mom walked me into the circle of children who had stopped their movement to let me in. My mom left then and stark terror numbed me. The game I didn't know how to play was called "Ring Around the Rosie." I still remember every word but nothing else about that day or the succeeding days.

Numbing out to fear remained a constant companion for too many years. Dawn came, though, gradually, as I began the pilgrimage to

recover my soul and restore heaven in my heart—at least a template of it. Then, the sun actually began to shine on my path and the moon and stars lit up my night when I found Unity's and AA's Design for Living free of fear.



One of my all-time favorite quotes is Emile Zola's: "If you ask me what I came into this life to do: I came to live out loud." I am still exploring what that means and how to express it. I am also experimenting with what French author, Albert Camus, said: "Live to the point of tears."

What do those two quotes mean to you?
What is the pilgrimage you are on all about?

Join us for this month's spiritual exploration.

So much love,

Rev. Sharon

August 2024

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|--|--|-----------|---|
| | | | | 1 10:30am AA 3pm Men's Group Connections 6pm OA | 2 | 3 10:30am Women's Group |
| 4 10:30am <i>Life as Pilgrimage</i> Rev Sharon Connors Birthday/Anniversary Sunday 11:45 Fellowship 12:30 Prayer Chaplain Mtg | 5 4:30pm TOPS 5pm ACA | 6 10am Circle of Prayer 10:30am A Course of Love 10:30am AA 5pm Healing Hands | 7 10:00am SW Vly Enlightenment Ctr Metaphysical | 8 10:30am AA 6pm OA | 9 | 10 10-1pm Choir Rehearsal |
| 11 10:30am <i>The Truth that Sets You Free</i> Rev Sharon Connors 11:45am Fellowship 1pm 12-Power Sound Healing Meditation | 12 4:30pm TOPS 5pm ACA | 13 10am Circle of Prayer 10:30am A Course of Love 10:30am AA | 14 | 15 9am Men's Group Breakfast 10:30am AA 6pm OA | 16 | 17 |
| 18 10:30am <i>Thy Will Be Done</i> Rev Billie Martini 11:45 Fellowship | 19 4:30pm TOPS 5pm ACA | 20 10am Circle of Prayer 10:30am A Course of Love 10:30am AA 5pm Healing Hands | 21 10:00am SW Vly Enlightenment Ctr Metaphysical | 22 10:30am AA 6pm OA | 23 | 24 |
| 25 10:30am <i>To Thine Own Self Be True</i> Rev Billie Martini 11:45am Fellowship Noon Board Meeting | 26 4:30pm TOPS 5pm ACA | 27 10am Circle of Prayer 10:30am A Course of Love 10:30am AA | 28 | 29 10:30am AA 6pm OA | 30 | 31 |

August Birthdays

| | | |
|-------------------|-------------------|-------------------|
| 1—David Bartlett | 16—Linda Cogdill | 26—Arlene Novak |
| 7—Darlene Hubbard | 21—Nancy Dearborn | 27—Lil Contrera |
| 14—Ioyne Jahnke | 25—Joy Love | 28—Carol Steichen |
| 15—Karen Haag | | 29—Jill Neeley |

Mission Statement:

To teach and demonstrate principles that inspire people to live their greatest life through discovering Spirit within.

Vision Statement:

Advance spiritual growth in our community and our world by expressing love for all, acceptance of all and service to all.

12-Power Sound Healing Meditation Sunday, August 11th at 1pm

We have moved this month's meditation from Wednesday evening to the afternoon of August 11th, following our fellowship hour. Join Rev. Sharon in the Sanctuary, when she will return to lead us in a Sound Healing, 12-Power Meditation. Whether you are a newcomer to meditation or experienced, this will be an opportunity to practice various meditation traditions and the blessings of group meditation. It's not necessary to pre-register, just show up and learn the blessings of guided meditation! *Love offering.*

SAVE THE DATE!

THE BEST OF THE BEST!

September 29th at 1pm in the Sanctuary

Mark your calendars for this very special event--A Celebration Concert

Our own Music Team and Choir along with special guest artists will present an eclectic selection of music from many generations and genres. You might even want to dance in the aisles and sing along.

We have a pretty amazing Music Team. Invite your family and friends to come spend an inspiring and fun Sunday afternoon.

This awesome concert is offered on a Love Offering basis.



A Course of Love Goes Beyond A Course in Miracles Tuesdays @ 10:30am Meets in the Fillmore Classroom

Power of the Month: Will

Divine Will, which is represented by the Apostle Matthew, vibrates on the silver frequency.

"Will in the mind of God is an idea of decisive action. Will in man is the Power to act decisively."
~Ella Pomeroy, *Powers of the Soul*

"Will is the decision making, directing, choosing faculty of the mind. It is our capacity to say 'yes' or 'no' to opportunities and options. The highest expression of will is willingness, conscious consent to the will of God." *Metaphysics 2*

Volunteer of the Month Hilary Williams



As soon as she began coming to our church at the beginning of 2023, Hilary joined the choir, and has been "Johnny on the Spot" to assist the Music Team ever since. This includes running the silent auction to raise money for children in the Ukraine, in conjunction with the benefit concert put on by the Music Team. When our regular kitchen volunteers took a break for our May Mother's Day brunch, and no non-mothers in our congregation offered to take their place, Hilary stepped up to take on kitchen duty. She was a big help with this spring's gala, and most recently, she coordinated plans to honor our member, Ruth Van Epps at her Celebration of Life in Sedona. She is always willing to help out whenever she sees a need.

LOOKING FORWARD TO THIS YEAR'S FALL SPECTACULAR!!!

- ⇒ Begins Sunday, October 13th and runs through November 28th
- ⇒ Signup opportunities to volunteer on different teams begin in September

- ⇒ Small group signups begin in September
- ⇒ Prayer Vigil October 13th from Noon to 3:00
- ⇒ Small groups begin week of October 13th
- ⇒ Celebration Gala Friday, December 6th

Women's Group Rising Saturday, August 3rd at 10:30am

Linda Cogdill will present an overview of dream interpretation to start off our women's group. Many believe our Soul communicates information to us via symbols and pictures during our nightly dream state. Come and explore the history of dream interpretation, the meaning of symbols, numbers, people, animals, or things in our dreams, and how to interpret a meaning that resonates with you and can guide you to solve a problem or take steps forward or action in your waking life. Bring in a dream you find perplexing, puzzling, or repeating, or that brings a sense of fear or anxiety. Let us explore and work together to discover its meaning for you. Linda will provide handouts and resources for you to take home

Bring a salad or dessert to share at the potluck lunch following the workshop. Signup sheets are in the lobby and the bookstore.

Men's Group Connections — Thursday, August 1st @ 3pm

The men's group has added a second monthly get-together titled "Connections," which will be held in the Ken Haynes Memorial Library on the first Thursday of every month from 3 to 5pm. All men are invited extending all male congregant members and men across the community.

Men's Group Breakfast — Thursday, August 15th at 9am

On August 15th the group will meet at Bobby's Café, 15472 N 99th Avenue in Sun City. That's in the strip mall at the northwest corner of 103rd & 99th Avenues.

All men are invited to join in... and bring a friend to introduce him to Unity. Sign up in the sanctuary lobby or bookstore. Contact Ken Weidner with questions: KWeidner2000@yahoo.com.

West Valley Metaphysical Studies Group

The Arizona Enlightenment Center's West Valley Metaphysical Studies Group meets in our Activity Center at 10:00 on the first and third Wednesday mornings of every month, and we are all invited to attend. \$5 *Love Offering*.

August 7th @ 10am

Learn a trick from Eva Maria Caraballo to stay calm and peaceful, exploring your inner heart so every time you need it stress will be turned into peace and love.

August 21st @ 10am

Our own Kate Jackson, who has been a student and practitioner of metaphysics for over 40 years, incorporates neurographic art (a meditative and intuitive art technique) together with fluid acrylic paint and deep personal energy. She creates abstract images from visions, dreams and meditations. She'll share artwork, song and humor, life stories, metaphysical interpretations, synchronicities and co-creations through Spirit and Higher Power.



We're on the Web at
www.unitysc.org

Ministers

Rev. Sharon Connors, Sr. Minister
Rev. Lei Lanni Burt, Assoc Minister
Rev. Billie Martini, Assoc. Minister

Licensed Unity Teachers

Linda Cogdill, LUT
Sandy Walker, LUT

Center Administrator

Cathy Collins

Music Team Leadership

Mollie Kidari, Director
Cathy Mannino, Assistant Director
Melvin Johnson, Choir Director

Board of Trustees

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Office Hours:

Tuesday through Thursday
8:30am to 5pm



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