



Empowered: Nothing Left Undone

"We do not need magic to transform our world. power within himself--We carry all of the power we need inside ourselves already." - J. K. Rowling

"What you do makes a difference, and you have to decide what kind of difference you want to make." - Jane Goodall

To My Partners on the Path,

When have you needed or wanted to do something that you didn't think you had the power to do or say? Maybe you didn't think you had enough know-how, enough strength, enough faith. Maybe it was your fear of failure. Maybe it was something totally new that you had never tried before.

You are not alone on that issue. Jesus had his moments, too. When his mother asked him at the wedding feast to change water into wine, he didn't want to do it. But he did it anyway. When he was alone in the Garden of Gethsemane praying for the courage to do what he knew he was called to do, he had a conversation with God asking to get out of it. Like this, "please don't make me do it." Yet, he did find the

albeit divinely funded power—to move forward.

If my life story has been about anything, it has been about overcoming the voice



of fear within me, which thinks it is protecting me. At least that is the disguise it consistently wears. When I finally saw its true colors. I made a commitment to not follow its ill-advised warnings anymore. It hasn't always worked but it is my intention.

For example, a friend offered me an opportunity to sell Mary Kay Cosmetics. I knew clearly that it would be a lesson in overcoming many fears, not the least of which was fear of rejection. However, my desire to live free of fear was more powerful than all my fears. I didn't win a Pink Cadillac, but I did win fur coats, beautiful jewelry, and lots of sparkly prizes. Still, every time I made a sales call to someone I didn't know, asking the person to buy my product, my

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Unity Spiritual Center 10101 West Coggins Drive Sun City Arizona 8535 I www.unitysc.org

April 2023

Sun	Mon	Tue	Wed	Thu	Fri Sat
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10:30am Empowered by Worthy Values and Intentions Rev Sharon Connors New Member Dedication during Service 11:45am Fellowship 12:30 Prayer Chaplain Meeting	3	10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA 1:30pm E ³ Enrichment Circle led by Billie Shawl 5pm Healing Hands	5 10:00am SW Vly Enlightenment Ctr Metaphysical 10:30am E³ Enrich- ment Circle led by Rev Sharon 5:00pm E³ Enrich- ment Circle led by Jim Rasmusson 6pm Holy Week Meditation	9am Outreach Knit & Crochet 10:30am AA 1:30pm E³ Enrichment Circle led by Rev Billie 3pm Bereavement Group 6pm OA	ed — Offic Office CI8
10:30am A New Kind of Dazzling Rev Sharon Connors 11:45am Fellowship Easter Brunch	12 Offlice	11 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA 1:30pm E ³ Enrichment Circle led by Billie Shawl	12 10:30am E³ Enrichment Circle led by Rev Sharon 5:00pm E³ Enrichment Circle led by Jim Rasmusson 6pm Sound Healing Meditation	13 10:30am AA 1:30pm E³ Enrichment Circle led by Rev Billie 3pm Bereavement Group 6pm OA	14se Closed — Descol
16 10:30am Synchronicity Rev Sharon Connors 11:45am Fellowship	17 0 0 0	18 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA 1:30pm E³ Enrich- ment Circle led by Billie Shawl 5pm Healing Hands	19 10:00am SW Vly Enlightenment Ctr Metaphysical 10:30am E³ Enrich- ment Circle led by Rev Sharon 5:00pm E³ Enrich- ment Circle led by Jim Rasmusson	20 9am Outreach Knit & Crochet 10:30am AA 1:30pm E³ Enrich- ment Circle led by Rev Billie 3pm Bereavement Group 6pm OA	21 22 Desco Desco
23 10:30am The Power of an Engaged Life Rev Sharon Connors 11:45am Fellowship Noon USC Board of Trustees Meeting	24	25 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA 1:30pm E ³ Enrichment Circle led by Billie Shawl	26 6:00pm Power Meditation & Healing Service	27 10am Men's Group 10:30am AA 3pm Bereavement Group 6pm OA	28 29 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
30 Mission Statement: Vision Statement					tement:

10:30am *Hallelujah* Rev Billie Martini 11:45am Fellowship

To teach and demonstrate principles that inspire people to live their greatest life through discovering Spirit within.

Advance spiritual growth in our community and our world by expressing love for all, acceptance of all and service to all.

Enrichment CirclesStudying *E-Cubed* by Pam Grout

Enrichment Circles continue this month for our spring book study on E-Cubed by Pam Grout. E-Squared provided the training wheels, the baby steps, to "really getting it" that thoughts create reality. In E-Cubed Grout takes you higher and deeper into the quantum field, where you'll prove that blessings and miracles are natural and that joy is only a thought away. There are four different Enrichment Circles at four different times all covering the same ground. The study will run through April 25th. Even if you missed the first few chapters, there is still time for you to join in on this fascinating study. Just **show up at one of the four times listed on the calendar.**

Join us for an Inspiring Easter Service Sunday, April 9th at 10:30am An Empowering Message & Musical Celebration of the Greatest Story Ever Told, and the Regenerating Power of a Communion Service!

We're pulling out all the stops this Easter! You won't want to miss it!

Our Celebration Service will include soaring Easter music, reader's theater, an inspirational message on the meaning of Easter and what it means in our lives today, and Holy Communion.

We'll close our celebration with a tasty Easter Brunch in our beautiful gardens. Bring a friend!

Bereavement Group Thursdays at 3pm

Are you dealing with grief over the loss of your loved one? Sometimes that grief will hit you like a brick at the beginning of your bereavement; sometimes it slowly creeps up on you; often you'll move through different layers of grief over the years. Join the Bereavement Group Thursdays in the Fillmore Classroom.

The Divine Word Bookstore

Come browse our spectacular selection of spiritual books, including Rev. Sharon's books, *Adventures In Resilience* and *Spiritual Cliff Notes*. You'll also find her *12-Power Meditation CD*. Bookstore is open during Fellowship Hour on Sundays, and you're welcome to come in to browse during business hours.

A Course of Love Tuesdays @ 10:30am Facilitated by Renee Falkowski Meet in the Church Library

Holy Week Meditation Wednesday, April 5th at 6:00pm

Wednesday, April 5th at 6pm will be a transformative evening; an opportunity to go deep into the Power of Resurrection. Tap into the amazing spiritual power of Holy Week. Register in the lobby or bookstore. *Love offering*.

Crystal Bowl Sound Healing Meditation Wednesday April 12th at 6pm

Emily Slonina will lead a Crystal Bowl Sound Healing Meditation. This is a public event; no yoga experience required. Bring a blanket or yoga mat and pillow if you like to lay down. And bring WATER! Love Offering

Monthly Meditation and Healing Service Wednesday, April 26th at 6pm

A powerful combination of deep meditation followed by a healing service. Whether you are a newcomer to meditation or experienced, this will be an opportunity to practice various meditation traditions and the blessings of group meditation. *Love offering*.

Power of the Month: Wisdom

"The wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, without uncertainty or insincerity." *James 3:17*

"Divine Wisdom, the wisdom from "above" is centered in our solar plexus and, not accidentally, close to the heart. It vibrates yellow like a glorious early morning sunshine. It is grounded in faith and understanding and filtered through love." Rev. Sharon Connors, Adventures in Resilience: Ignite the 12 Powers in You to Create a Radiant Life.

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insides churned. Every time I went into a bad neighborhood to do a "Beauty Show", I trembled. Crucifixion after crucifixion. I bet you all know what I'm talking about.

The Easter Story and, actually, all of life, exhorts us to grow, change and let go of the lesser for the greatness within us. It invites us to leave nothing undone in the matter of putting on the Christ—to take steps to become all we can be.

Your presence here in this life and place matters. Your contribution to the Christ of your being, to others and to all of life is a purpose to be passionate about and pursue. That's what Jesus did.

Grateful for you, Rev. Sharon

Women's Group Rising

April 1 is not a fool's day. It's a special day for our Women's Group. Billie Shawl will host a program on *Soul Journeys* (we are all on one!). Gathering at Saturday, **April 1**st **at 10:30** in the Activities Center. Please sign up to bring a salad or dessert. Registration forms are in the church lobby and bookstore.

Men's Group

All men are invited to the Men's Group, which will meet on Thursday, **April 27**th **at 10am** at Tivoli Gardens in Surprise at 12555 W. Bell Rd. Then men have been having a great time learning about one another and supporting each other. Come see for yourself. You don't have to be a member to join in the fun. In fact, bring a friend! He'll thank you for it! Contact Ken Weidner with questions: KWeidner2000@yahoo.com.

Quote of the Month

"The celebration of your resurrection over death is a celebration of life that should continue well beyond the sunrise service and the music, rehearsed for days prior; it is beyond the sign of spring, beyond the lily, beyond new lambs grazing in open fields. Resurrection is a daily celebration over fear; man's greatest and most powerful enemy." — author unknown, "Easter Morning Prayer"



We're on the Web at www.unitysc.org

Ministers

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