

Thriving Through Adventures in Faith

"Have faith in God. Truly, I say to you, whoever says to this mountain, 'Be taken up and cast into the sea and does not doubt in his heart but believes that what he says will come to pass, it will be done for him.'" Jesus, *Mark 11:22*

"They say that breaking up is hard to do." Neil Sedaka

Hi, All My Friends and Seekers,

Let me ask you, seriously, have you found that breaking up with what you want and what you believe is hard to do? I have! Even now, after all these years of being a spiritual seeker, letting go and letting God handle the outcome is hard to do. Seeing things differently, changing my mind takes a leap of faith. Yet, faith isn't faith until I can do that. I know that and I bet you do, too. Call it what it is—fear. Fear has all kinds of hiding places that want to convince you to embrace the status quo.

Any kind of fear is a block to tasting the nectar of thriving. Fear abides in our beliefs about money, health, relationships, intimacy, or our capacities. It also hides in not wanting to enter the unknown. As long as they are unacknowledged, they run the show in some mischievous way. That fact gave me a metaphorical black eye more than once.

There is a way to push through that kind of thinking, though. That is the great experiment that will usher us into the holidays. Can you imagine being fearless, such that you are willing to try new things, to see something differently, to give up being right, to stop playing it safe, or sticking with the tried and true?



Take my son, Ed. He is absolutely amazing in so many ways. At 5 years old, when the tide was at its lowest point, he and my dad would descend the dock at my parents' home in Florida and walk along the sand so Eddie could pick up little crabs for my mom to cook. He'd hang the crabs on his shirt. At only 11 years old, he connected wires and hung speakers to create surround-sound in our family room. I could go on but let me just say he fed a passion for many things in courageous ways—faithful ways.

The irony is that he does not have a passion for change. Not too long ago, he was being pursued by a mortgage lending company. He enjoyed a very successful 15 or so years as a lender with Bank of America. The new company wanted him so much they flew him to Chicago to meet the president. No go. A year later, calls were coming in from VPs in Chicago and LA to convince

Continued on Page 4

October 2022 Calendar

Sun	Mon	Tue	Wed	Thu	Fr	Sat
						1
2 10:30am <i>The Great full Heart</i> Rev Tom Catlin 11:45am Fellowship 12:30pm Prayer Chaplain meeting	3 4:30pm TOPS	4 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA 5pm Healing Hands	5 10:00am SW Vly Enlightenment Ctr Metaphysical	6 9am Outreach Knit & Crochet 10:30am AA 6pm OA	7	8 10:30am Women's Group Rising
9 AIF Small Group Signup Begins 10:30am <i>Find Out Who You Are and Do It On Purpose</i> Rev Sharon Connors 11:45am Fellowship	10 4:30pm TOPS	11 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA	12 Noon AIF Small Group Facilitator Meeting 6pm Sound Healing Meditation	13 10:30am AA 6pm OA	14	15
16 10:30am <i>Get Your Zeal On for Adventure</i> Rev Sharon Connors 11:45am Fellowship Noon-2:30 AIF Prayer Vigil	17 4:30pm TOPS	18 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA 5pm Healing Hands	19 10:00am SW Vly Enlightenment Ctr Metaphysical	20 9am Outreach Knit & Crochet 10:30am AA 6pm OA	21	22
23 10:30am <i>Entertaining The Field of All Possibility</i> Rev Sharon Connors 11:45am Fellowship—Church Sponsored Lunch Noon USC Board of Trustees Meeting	24 4:30pm TOPS	25 10am Circle of Prayer 10am ARE 10:30am A Course of Love 10:30am AA 1pm AIF Small Group Led by Billie & Stan Shawl	26 10:30am AIF Small Group Led by Rev Sharon 5pm AIF Small Group Led by LaVonne & Jim Rasmusson 6pm Power Meditation & Healing Service in Sanctuary	27 10am Men's Group 10:30am AA 1:30pm AIF Small Group Led by Rev Billie 6pm OA	28	29
30 10:30am <i>The Impact of Observation</i> Rev Sharon Connors 11:45am Fellowship	31 4:30pm TOPS 					

October Birthdays

1—Jonathan Ashworth
 1—Jdee Birkeland
 4—George Renner
 14—Rev James Yeaw

17—Barbara Little
 17—Linda Walker
 18—Christine Martin

19—Rick Campeau
 24—Rosemarie Haight
 25—Cecilia Simonelli

Mission Statement:

To teach and demonstrate principles that inspire people to live their greatest life through discovering Spirit within.

ADVENTURE IN FAITH SCHEDULE

Experiments in Thriving

When		Color
Oct 16 12-2:30	Prayer Vigil: Please sign up for one half-hour slot.	
Oct 23	Experiment 1: Entering the Field of All Possibility	Royal Blue
Oct 30	Experiment 2: The Impact of Observation	Gold
Nov 6	Experiment 3: The Power of Your Energy	Orange
Nov 13	Experiment 4: Focus Is Not Hocus Focus	Light Green
Nov 20	Experiment 5: How To Discern Divine Guidance	Yellow
Nov 27	Experiment 6: Thoughts Create	Purple
Dec 4	Experiment 7: Limitless	Red
Dec 10	Gala Holiday Celebration	

Crystal Bowl Sound Healing Meditation

Wednesday October 12 at 6pm

Emily Slonina will lead a Crystal Bowl Sound Healing Meditation. This is a public event; no yoga experience required. Bring a blanket or yoga mat and pillow if you like to lay down. And bring WATER! Love Offering \$10.

Monthly Meditation and Healing Service

Wednesday, October 26 at 6:00pm

A powerful combination of deep meditation followed by a healing service. Whether you are a newcomer to meditation or experienced, this will be an opportunity to practice various meditation traditions and the blessings of group meditation. Please pre-register in lobby or bookstore or by calling the office. *Love offering*

A Course of Love

Tuesdays @ 10:30am

Facilitated by Renee Falkowski
Meet in the Church Library

THRIVING THROUGH ADVENTURES IN FAITH

October 23 through December 10

Adventure in Faith is a seven-week program designed to grow your faith in God and the greatness in you and our community through working together, exploring spiritual ideas and practices together, praying together and deepening our lives together.

The Adventure Prayer Vigil, Small Group Study, Commitments to a spiritual practice, Audio/Visual, Decorations and a Gala Celebration at the end of our adventure — are all toward deepening our faith and our lives together.

Each week we will focus our Sunday service and our Enrichment Circles on a spiritual principle from the book, *E² (E-Squared)* by Pam Grout. Each week will have a theme and color, and a commitment to exercise a spiritual practice.

There are a number of ways to be a part of this program. **See the signup table in the lobby for team descriptions and participate in the excitement by joining one of our kickoff teams.** The program begins with a Prayer Vigil on Sunday, October 16 and ends on December 10 with a Gala Holiday Celebration.

Small group studies begin the week after the Prayer Vigil. We will explore the book, *E²* by Pam Grout. Small group signup forms will be available October 9. Each small group will be made up of 10-12 participants. Billie & Stan Shawl's group meets Tuesdays at 1pm; Rev. Sharon's group meets Wednesdays at 10:30am; LaVonne & Jim Rasmusson's group meets Wednesdays at 5pm; and Rev. Billie's group meets Thursdays at 1:30pm.

Vision Statement:

Advance spiritual growth in our community
and our world by expressing love for all, acceptance of all and service to all.

Continued from Page 1

him to make the change. He called me to talk it over. I asked: Which of the two offers more opportunity? Which one would probably be more fun? Without hesitation, Eddie selected the new company. He wound up saying "yes" to number 2 and has never looked back.

Breaking up with what has been comfortable, controllable is hard to do. Breaking up with what we know in order to experiment with the new is hard to do.

Rosa Parks, after daring to fly in the face of custom, said, "I have learned that when one's mind is made up, this diminishes fear; knowing what must be done does away with fear."

Note that she said that after not giving up her seat on the bus, not before. The same is true for you and me. Bold action is the antidote to healing fear—false evidence appearing real! Do it for the sake of a greater, new sense of thriving.

To be in the energy of the kingdom of heaven now, put your full attention on it. Then embody it.

Experimenting with You,
Rev. Sharon

Women's Group Rising

We're meeting the second Saturday this month. On October 8, the women's group will get ready for the season by decorating pumpkins. Bring your brown bag lunch and join in on the fun. Love offering \$5 to cover pumpkins, art supplies and beverages.

Men's Group

All men are invited to the Men's Group, which will meet on Thursday, October 27th at 10am at Tivoli Gardens in Surprise at 12555 W. Bell Rd. You don't have to be a member to join in the fun. In fact, bring a friend! He'll thank you for it! Contact Ken Weidner with questions KWeidner2000@yahoo.com.

Power of the Month: Zeal

"Zeal is the mighty force that incites the winds, the tides, and the storms. It urges the planet on its course. To be without zeal is to be without the zest for living. Zeal and enthusiasm incite to glorious achievement in every aim and ideal that the mind conceives. Zeal is the impulse to go forward." Charles Fillmore

Zeal and Divine Order partner to inspire you with divine ideas about a way to move forward toward all the matters to you. Zeal is the power that moves you through any obstacles that appear on your path to fulfilling your God-inspired goals.

Zeal vibrates orange and its center is in the nape of your neck.



We're on the Web at
www.unitysc.org

Ministers

Rev. Sharon Connors, Sr. Minister
Rev. Lei Lanni Burt, Assoc Minister
Rev. Billie Martini, Assoc. Minister

Licensed Unity Teacher

Sandy Walker

Center Administrator

Cathy Collins

Director of Music

Mollie Kidari
Angela Fischer
Melvin Johnson, Choir Director

Board of Trustees

Mack Essary, President
Howard Fisher, Vice President
Sandra Hurlbut, Secretary
Jo Kennedy, Treasurer
Cate Campeau
Karen Haag
LaVonne Rasmusson
Eileen Barber, Alternate

10101 West Coggins Drive
Sun City Arizona 85351

623-974-6443

Office Hours:

Tuesday through Thursday
8:30am to 5pm



Find us on:
facebook®

[https://www.facebook.com/](https://www.facebook.com/UnitySCAZ/)
[UnitySCAZ/](https://www.facebook.com/UnitySCAZ/)