



# SUM

# The Way to Radiance & Living in The Solution

Dear Friends,

April 2021 begins with Easter. That's pretty powerful!

The way to radiance, our theme for April, is from the inside out. It's done via living in the solution — a spiritually-funded solution to life's demands, challenges and choices. As I considered Easter 2021, I reflected on Lenten Seasons and Easters past. I didn't realize then what I know for sure now — that the rigor of our Lenten disciplines IS what leads to any Easterkind of resurrections.

For Easter, I tried to buy Cleopatra, my 6 month old French Bulldog, an Easter bonnet with all the frills upon it. That search led me to reflect on my childhood Easters. First of all, it was, as a result of living in an Irish Catholic home and attending Catholic grade school, a rigorously disciplining experience to say the least. It meant tuna casseroles or perch for dinner every Friday. I didn't like either. Preceding that every Friday included time in church doing the Stations of the Cross. It meant kneeling and standing, kneeling and standing. Rigorous!

Still, Easter morning justified it all. My sisters and I delighted in our new dresses, shoes and Easter bonnets and, of course, white gloves. My dad always gifted us with carnation wrist corsages. My mom always displayed a magnificent orchid on Easter morning. I can't

recall what my brother got – probably a new suit and tie.

We celebrated Easter in a big way! What about today —Lent and Easter 2021? Honoring the disciplines that are classically Lenten—like fasting & feasting mentally



and emotionally — will surely lead to a new vitality and greater sense of Self as well as recognition of the power of God working in and through us. We can hope for a little more joy, maybe a crisper clarity on what really matters and what doesn't, maybe a sharper perspective on living a meaningful, fruitful and rewarding life.

Our co-founder, Charles Fillmore, referred to the outcome of dedicated spiritual practice as "living in the fourth dimension" — a transformed consciousness.

In April, we celebrate the power of divine wisdom. Divine Wisdom is nurtured into radiance through refection on values worth living from and into; through spiritual study and practice and through one of my favorite affirmations, "I know what to do and I do it."

Get your Wisdom on in April. Be here with us.

With Love & Gratitude,

Rev. Sharon

Unity Spiritual Center
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www.unitysc.org

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# **April 2021 Calendar**

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10:30am AA 7pm OA	2 0	3
4 Easter 10:30am The Way to Radiance Rev Sharon Connors 11:45am Fellowship  Easter	50000	6 10am Circle of Prayer 10am ARE 10:30am A Course in Love via Zoom 10:30am AA 5pm Healing Hands	7 6pm AA	8 10:30am AA 1:30pm Outreach Committee Meeting 7pm OA	ed — Off	<b>10</b>
11 Outreach Sunday 10:30am Living in the Solution: The Workout Plan Rev Sharon Connors 11:45am Fellowship 11:45am Betsy & Norma's Jams & Jellies sale to fund Outreach Project 12:30 Prayer Chaplain Meeting Afternoon Unity Golf Scramble (must sign up)	12 Office Personal Pe	13 10am Circle of Prayer 10am ARE 10:30am A Course in Love via Zoom 10:30am AA	14 6pm AA	15 10:30am AA 7pm OA	Office Clos	
18 10:30am What If the Hokey Pokey Is What It's All About? Rev Billie Martini	190	20 10am Circle of Prayer 10am ARE 10:30am A Course in Love via Zoom 10:30am AA 5pm Healing Hands	21 6pm AA	22 10:30am AA 1:30pm Outreach Knit & Crochet 7pm OA	230	<b>24</b>
25 10:30am Life is Too Serious to be Taken Seriously! Rev Billie Martini	26 5:30pm USC Board of Trustees Meeting	27 10am Circle of Prayer 10am ARE 10:30am A Course in Love via Zoom 10:30am AA	28 6pm Group Meditation in Sanctuary 6pm AA	29 10:30am AA 7pm OA	Office 0	

**April Birthdays** 

4—Margie Beaty 5—Norma Dickson 5—Georgia Feiste 6—Diane Weber

11—Cate Campeau 11—Betty Jo Johnson 12—Paul Martodam 14—Kalika Graesser

17—Sandy Galloway 22—Nancy Chenoweth 23—Janet Bertsch 24—Sharon Bush

27—Shirley Bangert 27—Shirley Compau

# **Mission Statement:**

A spiritual campus dedicated to teaching and demonstrating principles that inspire people to live their greatest life through discovering Spirit within.

## Monthly Meditation and Conversation: Last Wednesday of the Month at 6:00pm

We will expand our practice of Meditation each month — beginning this month on April 28. Whether you are a newcomer to meditation or an experienced meditator, this will be an opportunity to experience various meditation techniques and the blessings of group meditation and sharing.

### **Unity SC Outreach Ministry Team**

This month the Outreach Program is spotlighting Justa Center.

Justa Center is a non-profit organization that cares for homeless people over age 55. Located in the heart of Phoenix, it runs a day center and an extended care. Their building includes a post office, a telephone, health care and groceries are available. Hot lunch is provided during the week and sandwiches are provided over the weekend. People in extended care, which includes housing, are provided with necessary items for their homes and "ambassadors" keep tabs on them to help them stay housed.

Homelessness takes a heavy toll on older seniors. Of the 500 deaths to homelessness in 2020, most were over 55.

Join us on Outreach Sunday — April 11th — when Rudy Soliz, Executive Director of Justa Center, will speak on the remarkable service this organization is providing in our community. Then after service, please stop by our table in the Activity Center to learn more about Justa Center and how you can assist the Outreach Team with serving the needs of the center.

~ Sandie Fish

# **Zoom-Only Class:**

A Course of Love
Tuesdays @ 10:30am
Facilitated by Renee Falkowski
Zoom Meeting ID 577 896 8885.

#### May/June Book Study

Join us on Wednesdays in May and June at 10:30 -- live and on Zoom. We'll be working with the ideas in "*The Gift of Years*." It is a book of short essays on provocative topics like regret, joy, transformation, adjustment, letting go. We'll have Study Guides with discussion questions so we can dig deep into the topics.

#### **Unity SC Healing Hands Team**

The Healing Hands Group is still going strong. We've offered energy healing and physical support to over 45 people and even some pets! In our busiest week, we worked on 11 people during the height of Covid, but thankfully things are settling down and we have a running list of people who need multiple treatments.

Our group has become close-knit. One of our group members joined initially thinking the program would eventually run its course. Now she feels committed to the Healing Hands Group and she looks forward to our biweekly sessions.

We have a larger vision for regular healing church services and community engagement.
We'll be rolling out some of these initiatives once everyone is vaccinated

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#### **Power of the Month**

In April we lift up and put a prayerful focus on the power of Wisdom. It's not our job to give instructions to our Power of Wisdom. It knows what to do: guide us into the spiritual truth (like forgiveness dissolves resentment) and into right thoughts and right action.

Our part is to appreciate it and be grateful for it -- to call on it when we have choices to make and when we don't know what to do next.

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### **Unity Prayer Chaplain Team**

You and I each have the wisdom of the ages within us. In truth, each of us has access to the wisdom of God, in all circumstances, at all times.

Sometimes, however, as life happens we forget. That is why we are so blessed at Unity of Sun City to have a strong Prayer Chaplain team to pray with us. Each Prayer Chaplain holds the sacred space of possibilities and knows that each person they pray with has the needed wisdom within, whatever the situation, condition, or challenge.

As a member of Unity of Sun City you receive a monthly call which gives you the opportunity to be prayed with. We know that God will guide and direct us, whatever the need.

If you attend church on Sunday anyone can place a prayer request in the Prayer box in the narthex and a Prayer Chaplain will call on Sunday and pray with you.

Prayer Chaplains are at the ready to support your journey. A Prayer Chaplain helps you take your attention from the outer to the inner and then you are able to trust the wisdom available to you, right now. For right where you are, God is.

~ Rev Lei Lanni Burt

#### Healing Hands Team Continued from Page 3

and things continue to return to normal. We'd also like to add to our ranks of energy healers and ultimately have one healer assigned to each day of the week for any urgent needs that might arise. Rev. Sharon has graciously offered to fund a Reiki class to get interested people some basic training in energy work.

If you or someone you know needs physical healing support, please reach out to Sandra Hurlbut at shurlbut\_13@yahoo.com or Rev. Billie Martini at liteworker1@cox.net. You can always let Cathy know as well.

Watch for our upcoming video on "What is Energy Healing?" ~ Sandra Hurlbut

Please remember to continue wearing your mask when you come to our campus...
...Even if you have had both of your COVID-19 vaccinations.





We're on the Web at www.unitysc.org

#### **Ministers**

Rev. Sharon Connors, Sr. Minister Rev. Lei Lanni Burt, Assoc Minister Rev. Billie Martini, Assoc. Minister

Center Administrator
Cathy Collins

#### **Director of Music**

Mollie Kidari Melvin Johnson, Choir Director

#### **Board of Trustees**

Mack Essary, President
Sandra Hurlbut, Vice President
Suzanne Lombard, Secretary
Mort Rykiss, Treasurer
Cate Campeau
Karen Haag
Lavonne Rasmusson
Bill Gasta, Alternate

10101 West Coggins Drive Sun City Arizona 85351 623-974-6443 Office Hours: Tuesday through Thursday 8:30am to 5pm Sunday 9am to 1pm