

Living a Gifted & Graced Life

"Every good and perfect gift is from above, coming down from the Father of Lights." – James 1: 7

"Some gifts are big. Some gifts are small, but the gifts that come from the heart are the best gifts of all." – Tinku Razoria

"Grace is the voice that calls us to change and then gives us the power to pull it off." – Max Lucado

Dear Partners on the Path ,

In a special issue, *Life Magazine* dug deep into pivotal moments and events in our history. It turns out that their research yielded stories of people—100 of them—who changed the world; whose ideas inspired new directions globally.

What did these 100 people do that made such a monumental difference such that their names are inscribed in history; such that they significantly impacted the course of events during their time and beyond? What moved and motivated them?

Let's bring it home for a moment. What has moved and motivated you to make a

significant change or to change directions in your life? What inspired you to think differently? Who or what influenced you so powerfully that you made a change, walked a new path, and, even, perhaps, saw yourself in a whole new light?



Miss Flood taught AP English at my high school. I wasn't assigned to her classes. However, to my astonished surprise, something unforeseen happened that changed my thinking and my direction. As a Junior, I found myself in Miss Abraham's English class. Her gift must have been creative writing because we were often assigned creative writing projects. I loved it.

Apparently, Miss Abraham and Miss Flood talked... One fine spring day, out of the blue, Miss Flood asked to see me after school. I was puzzled to say the least. Our meeting at 3:15 shocked the daylights out of me. She invited me to be

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February 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9am Outreach Knit & Crochet 10:30am AA 6pm OA	2	3 10:30am Women's Group
4 10:30am <i>A Gifted Life</i> Rev Sharon Connors 11:45 Fellowship 12:30 Prayer Chaplain Meeting	5 4:30pm TOPS 5pm ACA	6 10am Circle of Prayer 10:30am A Course of Love 10:30am AA 5pm Healing Hands	7 10:00am SW Vly Enlightenment Ctr Metaphysical 6pm Sound Healing Meditation	8 10:30am AA 6pm OA	9 5:30pm-8:30pm Chaplain Potluck & Sacred Circle	10 9am-3pm Chaplain Foundational Training—Bring Sack Lunch
11 New Member Sunday 10:30am <i>A Graced Life</i> Rev Sharon Connors New Member Introduction during Service 11:45am Fellowship 6pm New Member Party at Rev Sharon's home	12 4:30pm TOPS 5pm ACA	13 10am Circle of Prayer 10:30am A Course of Love 10:30am AA	14 Ash Wednesday 6pm Ash Wednesday Meditation 	15 9am Outreach Knit & Crochet 10am Men's Group Breakfast 10:30am AA 6pm OA	16	17
18 10:30am <i>Upgrade to 6G</i> Rev Billie Martini 11:45 Fellowship 12:30-3:30pm Prayer Chaplain Wellness Calling Training	19 4:30pm TOPS 5pm ACA	20 10am Circle of Prayer 10:30am A Course of Love 10:30am AA 1:30pm Enrichment Circle, Billie Shawl 5pm Enrichment Circle, Linda Cogdill 5pm Healing Hands	21 10:00am SW Vly Enlightenment Ctr Metaphysical 10:30am Enrichment Circle, Rev Sharon	22 10:30am AA 1:30pm Enrichment Circle, Rev Billie 6pm OA	23	24
25 10:30am <i>The Vastness of Your Gifts</i> Rev Sharon Connors 11:45am Fellowship Noon Annual Meeting Followed by Board Mtg	26 4:30pm TOPS 5pm ACA	27 10am Circle of Prayer 10:30am A Course of Love 10:30am AA 1:30pm Enrichment Circle, Billie Shawl 5pm Enrichment Circle, Linda Cogdill	28 10:30am Enrichment Circle, Rev Sharon 6pm 12-Power & Sound Healing Meditation	29 10:30am AA 1:30pm Enrichment Circle, Rev Billie 6pm OA		

03—Angela Langley
09—Nancy Leyerzapf
13—Ralph Martini

February Birthdays:

14—Chris Romero
18—Joyce Krahenbuhl

22—Cathy Mannino
24—Alva Moring
26—Becky Costello

Mission Statement:

To teach and demonstrate principles that inspire people to live their greatest life through discovering Spirit within.

Vision Statement:

Advance spiritual growth in our community and our world by expressing love for all, acceptance of all and service to all.

Sign Up For Lenten Discussion Groups February 20—March 28

Feed your spirit, soul, body, and life! Join one of our four Discussion Groups.

We will use the ideas in *The Art of Forgiveness, Lovingkindness and Peace* by Jack Kornfield. The book is filled with inspiring, thought-provoking stories and quotes that beautifully serve as a prompt for what you believe, hope for and what has meaning and worth to you.

Small Group discussions also provide a safe place to share your experiences; to grow spiritually and to feel a deep sense of community.

SIGN UP BEGINS: Sunday, January 28.

Day	Begin Time	Facilitator	First Meeting
Tuesday	1:30pm	Billie Shawl	2/20
Tuesday	5:00pm	Linda Cogdill	2/20
Wednesday	10:30am	Rev Sharon	2/21
Thursday	1:30pm	Rev Billie	2/22

New Member Sunday—February 11

We will be celebrating our newest members with an induction blessing during our Sunday Celebration Service on February 11. Then that evening, we will continue our celebration with a private party for our new members, with our Board of Trustees, LUTs and ministers.

Volunteer of the Month Mackey Essary

Everyone who comes to Unity Spiritual Center gets to know Mack pretty quickly... because she's ALWAYS ready to help out. What many don't realize is that Mack is a volunteer! Basically, she's an unpaid staff member. In addition to being the president of our Board of Trustees, Mack is our Facilities Manager. So the work we've completed out of our Year-End Fund Drive was overseen by Mack. Does anything need to be fixed or replaced anywhere on our campus? Mackey's on it! Do we need a last-minute replacement for an usher, or sound engineer, or camera operator? We can ALWAYS count on our Mack-of-all-Trades. Thank you, Mackey!

A Course of Love Goes Beyond A Course in Miracles Tuesdays @ 10:30am Meets in the Fillmore Classroom

Crystal Bowl Sound Healing Meditation Wednesday February 7th at 6pm

Certified Sound Healing Practitioner, Yoga Teacher and Reiki Master, Emily Slonina will lead a Crystal Bowl Sound Healing Meditation. This is a public event; no yoga experience required. Bring a blanket or yoga mat and pillow if you like to lay down. And bring WATER! *Love Offering \$10.*

Ash Wednesday Meditation & Communion February 14 at 6:00 PM

Join us on Wednesday evening, February 14th for one of the most significant holy days of the year, Ash Wednesday. It is a time to go deep within yourself and clarify what you want to release from your consciousness and your life in order to make a space for all that God wants to give you; in order to taste the richness of your being and life.

There will be time for reflection and inspiration, a Communion Service, and distribution of ashes, a symbol of letting go of what no longer serves your happiness and well-being.

Guided 12-Power Sound Healing Meditation Wednesday February 28th at 6:00pm

A powerful, deep meditation in our sanctuary. Experience the blessings of group meditation. *Love Offering*

Annual Meeting Sunday, February 25th Immediately Following Service

Be sure to join us at this year's Annual Meeting. We'll especially need you members to attend so we can count your vote.

And it's that time of year for all members to renew their membership. If you haven't already, please be sure to complete and return your Membership Renewal card before the Annual Meeting. Let Cathy know if you have any questions.

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our school newspaper editor. That was not on my radar screen at all, but, apparently, it was on hers. That invitation not only ignited my creative energy and love of writing but it changed me. It awakened a new hope and opened the door to believing in myself. My thinking at the time didn't connect this new opportunity with a gift-in-waiting nor with the idea of how God's grace works. I do now, though.

Think of a time when someone saw something in you that you didn't see in yourself. Who and what has impacted the direction of your life?

Gifts and grace constitute our exploration this month. Holy Exploration — I'm glad to do this with you!

With Love and Gratitude,

Rev. Sharon

Women's Group Rising Saturday, February 3rd at 10:30am

The program for February will be Jeri Royce, who is certified in TED (The Empowerment Dynamic), which is a positive framework for transforming drama, followed by a potluck luncheon. All women are invited... membership not necessary. Sign up today in the sanctuary lobby or bookstore and let us know what you will be bringing to the potluck.

Men's Group Breakfast Thursday, February 15th at 10:00am

All men are invited to the Men's Group on February 15th at Bobby's Café, 15472 N 99th Avenue in Sun City. That's in the strip mall at the northwest corner of 103rd & 99th Avenues. (That's where 103rd Ave turns into Greenway.) Sign up in the sanctuary lobby or bookstore. Contact Ken Weidner with questions: KWeidner2000@yahoo.com.

Power of the Month: Love

As Unity luminary, Emmitt Fox, wrote, "Love is by far the most important thing of all. It is the Golden Gate of Paradise." Divine love is the great harmonizer, unifier, healer, prosperer. We can never love too much when it is divine love. Love accepts differences. It is the great respecter. It's practical, powerful, and potent. Jesus assured us that we are being made perfect—if we are willing. That includes being perfected in our capacity to and expression of love. The Apostle John represents the Power of Love, which vibrates pink, of course!


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Spiritual Center

**We're on the Web at
www.unitysc.org**

Ministers

Rev. Sharon Connors, Sr. Minister
Rev. Lei Lanni Burt, Assoc Minister
Rev. Billie Martini, Assoc. Minister

Licensed Unity Teachers

Linda Cogdill, LUT
Sandy Walker, LUT

Center Administrator

Cathy Collins

Music Team Leadership

Mollie Kidari, Director
Cathy Mannino, Assistant Director
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Office Hours:

**Tuesday through Thursday
8:30am to 5pm**



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