

Resilient & Prospering

Dear Partners on the Path,

Walking a committed spiritual path is not for the faint-of-heart. Yet, it offers a design for living that promises two phenomenal blessings—resilience and prosperity. However, it takes a particular, spiritually-informed perspective and understanding. As it turned out, I discovered that I was living from an uninformed spiritual perspective and understanding. I wasn't feeling resilient or prosperous at all.

Lack of power—that was my dilemma. No matter how much I tried to change my husband, I was never successful. In fact, the more I failed, the harder I tried. All of this led to anger turned inward. I felt utterly powerless to manage myself and my life. My own inner resources seemed to fail me. That began to change when a friend introduced me to a spirituality that offered a path to a new kind of power—spiritual power.

That spiritual path taught me that there is a spark of divinity within me and everyone. How ironic that my fierce struggle with power, my own and God's as it turned out,

led to my immersion in the study of divine energy and how it works and what it does.

That is the focus for August. I hope you'll join us. Let's get into it.



With Love & Appreciation,

Rev. Sharon

Power of the Month: Divine Will

"Will is the decision-making, direction, choosing faculty of the mind. It is our capacity to say "yes" or "no" to opportunities and options. The highest expression of will is willingness, conscious consent to the will of God."

Aligning our will with the Will of God is requiring. It asks you to come to believe in the absolute goodness, love, power and wisdom of God. A kind of willingness to let go of our own will (willfulness) to seek the Divine Will usually requires a tested faith. Discovering that your own will often didn't work out well, maybe even horribly, opens the door to seeking a Will immensely greater than your own.

August 2023

Sun	Mon	Tue	Wed	Thu	Fr	Sat
		1 10am Circle of Prayer 10:30am A Course of Love 10:30am AA	2 10:00am SW Vly Enlightenment Ctr Metaphysical 10am <i>Unity</i> <i>Basics</i> led by Linda Cogdill	3 9am Outreach Knit & Crochet 10:30am AA 6pm OA	4	5 10:30am Women's Group Rising
6 10:30am <i>A Vision Worth Believing In</i> Rev Sharon Connors 11:45 Fellowship 12:30 Prayer Chaplain Meeting	7 3pm Grief Group 4:30pm TOPS 5pm ACA	8 10am Circle of Prayer 10:30am A Course of Love 10:30am AA 5pm Healing Hands	9 10am <i>Adventures in Resilience</i> led by Linda Cogdill	10 10:30am AA 6pm OA	11	12
13 10:30am <i>How Do You BE Resilient & Prospering</i> Rev Sharon Connors New Member Induction during Service 11:45am Fellowship 6pm New Member party hosted by Rev Sharon	14 3pm Grief Group 4:30pm TOPS 5pm ACA	15 10am Circle of Prayer 10:30am A Course of Love 10:30am AA	16 10:00am SW Vly Enlightenment Ctr Metaphysical 10am <i>Adventures in Resilience</i> led by Linda Cogdill	17 9am Outreach Knit & Crochet 10:30am AA 6pm OA	18	19
20 10:30am <i>Grow More Resilient & Prospering in Community</i> Rev Sharon Connors 11:30am Talent Show 12:30pm Ice Cream Social Fellowship	21 3pm Grief Group 4:30pm TOPS 5pm ACA	22 10am Circle of Prayer 10:30am A Course of Love 10:30am AA 5pm Healing Hands	23 10am <i>Adventures in Resilience</i> led by Linda Cogdill	24 10am Men's Group 10:30am AA 6pm OA	25	26
27 10:30am <i>Opulence</i> Rev Billie Martini 11:45am Fellowship Noon Board Meeting	28 3pm Grief Group 4:30pm TOPS 5pm ACA	29 10am Circle of Prayer 10:30am A Course of Love 10:30am AA	30 10am <i>Adventures in Resilience</i> led by Linda Cogdill 6:00pm Group Meditation	31 10:30am AA 6pm OA		

1 — David Bartlett
7 — Darlene Hubbard
14 — Ioyne Jahnke
15 — Karen Haag
16 — Linda Cogdill

August Birthdays

16 — Flo Essary
18 — Diane Stadler
21 — Nancy Dearborn

25 — Joy Love
26 — Arlene Novak
27 — Lil Contrera
28 — Carol Steichen
29 — Jill Neeley

Mission Statement:

To teach and demonstrate principles that inspire people to live their greatest life through discovering Spirit within.

Vision Statement:

Advance spiritual growth in our community and our world by expressing love for all, acceptance of all and service to all.

Adventures in Resilience: Ignite the 12 Powers in You to Create a Radiant Life **August 9 - September 6, 10 to Noon**

Join LUT Candidate Linda Cogdill Wednesday mornings in Aug-Sept (Aug 9, 16, 23, 30 & Sept 6) from 10 to noon in the Fillmore classroom for a fresh study of Rev. Sharon's book, *Adventures in Resilience*. Come learn how to tap into the 12 Powers—our inherent spiritual abilities as identified by Unity cofounder, Charles Fillmore—to enrich your life. Using Rev. Sharon's personal stories and inspiring examples we'll explore how these powers can be expressed in our daily lives to help us grow to meet and overcome challenges so we can grow spiritually and enjoy the lives we were created to embrace.

THE BEST OF SUMMER:

Sunday, August 20th, 1-3pm

Summer Talent Show & Ice Cream Social

Plan to stay after our August 20th Celebration Service to have fun and support members of our community as they showcase their talents in the sanctuary. If you haven't already contacted Mollie to be included in this talent show, it's not too late. Give her a call at 602-435-4321.

The show will be followed by a refreshing Ice Cream Social in the Activity Center.

Adventure in Faith 2023

Watch for more information on our Adventure in Faith Program. You will have an opportunity to be part of a team: Prayer Team, Decorations Team, Commitment Card Team, Gala Team, Participation Team and Enrichment Circles.

The purpose of the Program is to deepen your faith, your relationships here and expand your sense of community. Creative ideas and energy are ignited, a sense of belonging is expanded, and everyone is blessed.

The Adventure begins October 1st and runs through November 16th. On December 8th we celebrate all the blessings and spiritual growth with a Gala Dinner Dance.

A Course of Love **Tuesdays @ 10:30am** **Facilitated by Renee Falkowski** **Meet in the Church Library**

Monthly Power Meditation **Wednesday, August 30th at 6pm**

A powerful, deep meditation in our Sanctuary. Whether you are a newcomer to meditation or experienced, this will be an opportunity to practice various meditation traditions and the blessings of group meditation. *Love offering.*

Bereavement Group **Mondays at 3pm**

Are you dealing with grief over the loss of your loved one? Sometimes that grief will hit you like a brick at the beginning of your bereavement; sometimes it slowly creeps up on you; often you'll move through different layers of grief over the years. Join the Bereavement Group Mondays in the Serendipity Room. All are welcome.

12-Step Meeting for Adult Children of Alcoholics/Dysfunctional Families (ACA) **Mondays at 5pm**

This group meets weekly in the Ken Haines Memorial Library. The meetings are a safe, loving place to explore ways to live in the "solution" — a way of life healed of the issues of living in an addictive environment. ACA focuses on 'The Solution,' which is to 'Become your own loving parent.' Attendance at Unity not required. *Love offering.*

Mark Your Calendar:

9/3 — Guest speaker, Rabbi Dana Kaplan

Wow Wednesdays — Different event each Wednesday evening in September at 6pm

9/10 — Paper quilting workshop

9/19 & 26 — 2-Part workshop: Protect your health with natural, simple, harmless solutions

10/1 — AIF kickoff with Prayer Vigil

Women's Group Rising

Saturday, August 5th at 10:30am

Join the Women's Rising Group on Saturday, August 5th for an interesting twist on spirituality. Intuitive healer Sandra Hurlbut will lead an interactive program and share messages from the angels. Participants will have an opportunity to ask non-personal questions for the benefit of the group. Sandra will also share some ways for you to explore and strengthen your own connection with the angels.

Sign up to bring a salad or dessert so we can enjoy a potluck lunch together following the presentation.

Men's Group

Thursday, August 24th at 10:00am

All men are invited to the Men's Group on August 20 at Co-co's Bakery Restaurant, 9801 W. Bell Rd in Sun City. The men have been having a great time learning about one another and supporting each other. Come see for yourself. You don't have to be a member to join in the fun. In fact, bring a friend! He'll thank you for it! Contact Ken Weidner with questions: KWeidner2000@yahoo.com.

Healing Team Celebrates Three Year Anniversary

On July 16th, members of the healing team celebrated their third year of offering energy healing to family and friends of Unity Spiritual Center. Wonderful and powerful experiences have been shared over the years and everyone has grown in their healing gifts.

The group got started during the pandemic and continues offering healing support every other Tuesday evening and also offers healing blessings during guided meditation on the last Wednesday evening of every month. While several healers have come and gone, four have remained on the team since the very beginning. They are Karen Haag, Susie Fisher, Rev. Billie Martini, and Sandra Hurlbut. Other current members include Donna Combs, Eileen Barber, and Judy Phillips. Thank you to the congregation and others for their love in support of this mission.

The group meets every other Tuesday by Zoom to send healing energy to all who ask. If you want to have healing energy sent your way, complete a request card that you'll find next to the prayer boxes throughout our campus and give to Cathy or anyone on the Healing Team, then relax at home at the appointed time and one of our healers will send healing energy to you during their next session.



We're on the Web at
www.unitysc.org

Ministers

Rev. Sharon Connors, Sr. Minister
Rev. Lei Lanni Burt, Assoc Minister
Rev. Billie Martini, Assoc. Minister

Licensed Unity Teacher

Sandy Walker, LUT
Linda Cogdill, LUT Candidate

Center Administrator

Cathy Collins

Director of Music

Mollie Kidari
Melvin Johnson, Choir Director

Board of Trustees

Mack Essary, President
Howard Fisher, Vice President
Eileen Barber, Secretary
Jo Kennedy, Treasurer
LaVonne Rasmusson
Barbara Layton
Marlene Messer
Laura Kostyo, Alternate

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Office Hours:

Tuesday through Thursday
8:30am to 5pm



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