

A Quest for Meaning & A Beautiful Life

"I came that they may have life and have it abundantly." ~John 10:10

"The most important days in life are the day you were born and the day you find out why ."
~Mark Twain

Dear Geniuses, (aka treasured friends & family),

It was a sparkling afternoon in 1997, Clearwater, Florida. I showed up to an alluring workshop at the Unity Church. I'd never heard of the presenter but his new book, *You Can Have It All*, intrigued me no end. Oprah had endorsed it. So, I was hooked. The author, Arnold Patent, titled his presentation, "How to Find Your True Purpose".

Truth be told, I seemed to have lost a sense of purpose for my life. How and when, I couldn't recall. I felt like Dante Alighieri must have felt when he wrote, "I suddenly awoke in a dark wood where to true way had been lost".

Something deep in my soul hungered for nourishing. Perhaps, a divinely inspiring purpose to light my way forward. Since that time, and now having been a spiritual researcher for some 40 years, I have come to

believe that the soul, the essence of us, thrives on meaning. It thrives, and, therefore, we experience thriving, on all that makes life beautiful.



This is our pilgrimage for the next seven weeks. I hope you will put your whole self in. I hope that you will be part of one of our five Discussion Groups. I've researched a number of books to create discussion guides that take you deep into yourself and your faith. I hope you will bring your whole self to our "Adventure in Faith 2024". You would be taking good care of your heart and your soul.

With great love,
Rev. Sharon

Power of the Month: Divine Zeal

"Zeal is the mighty force that incites the winds, the tides—it urges the planet on course. Zeal incites to glorious achievement in every aim."
~Charles Fillmore

Zeal expresses as enthusiasm, vitality, passion for life and all that is good, honorable, worthy. It is the energy that releases you from feeling and being "stuck." It vibrates orange. In your body, it is located at the nape of the neck.

Unity Spiritual Center
10101 West Coggins Drive
Sun City Arizona 85351

October 2024

Sun	Mon	Tue	Wed	Thu	Fr	Sat
		1 10am Circle of Prayer 10:30am A Course Of Love 10:30am AA	2 10:00am SW Vly Enlightenment Ctr Metaphysical	3 10:30am AA 3pm Men's Group Connections 6pm OA	4	5 10:30am Womens Group
6 10:30am <i>Oneness and Our Power to Heal</i> Rev Charli Tupper Birthday/Anniversary Sunday 11:45 Fellowship 12:30 Prayer Chaplain Mtg	7 4:30pm TOPS 5pm ACA	8 10am Circle of Prayer 10:30am A Course Of Love 10:30am AA	9 6pm Sound Healing Meditation with Emily Slonina	10 10:30am AA 6pm OA	11	12
13 10:30am <i>Getting to the Heart of Longing & Belonging</i> Rev Sharon Connors 11:45am Fellowship Noon 12-Power Meditation & Prayer Vigil to Kick Off Adventure in Faith	14 4:30pm TOPS 5pm ACA	15 10am Circle of Prayer 10:30am A Course Of Love 10:30am AA 1pm Enrichment Billie Shawl	16 10:00am SW Vly Enlightenment Ctr Metaphysical 10:30am Enrichment Rev Sharon	17 9am Men's Group Breakfast 10am Enrichment Linda Cogdill 10:30am AA 1pm Enrichment Rev Billie 5:30pm Enrichment Kate Okrongly 6pm OA	18	19
20 10:30am <i>Transforming Challenges to Triumphs</i> Rev Sharon Connors 11:45 Fellowship	21 4:30pm TOPS 5pm ACA	22 10am Circle of Prayer 10:30am A Course Of Love 10:30am AA 1pm Enrichment Billie Shawl	23 10:30am Enrichment Rev Sharon	24 10am Enrichment Linda Cogdill 10:30am AA 1pm Enrichment Rev Billie 5:30pm Enrichment Kate Okrongly 6pm OA	25	26
27 10:30am <i>A Courageous Life</i> Rev Sharon Connors 11:45am Fellowship Noon Board Meeting	28 4:30pm TOPS 5pm ACA	29 10am Circle of Prayer 10:30am A Course Of Love 10:30am AA 1pm Enrichment Billie Shawl	30 10:30am Enrichment Rev Sharon	31 10am Enrichment Linda Cogdill 10:30am AA 1pm Enrichment Rev Billie 5:30pm Enrichment Kate Okrongly 6pm OA		

October Birthdays:

1—Jdee Birkeland
2—Tito Valentin

17—Linda Walker
18—Christine Martin

19—Rick Campeau
25—Cici Simonelli

Mission Statement:

To teach and demonstrate principles that inspire people to live their greatest life through discovering Spirit within.

Vision Statement:

Advance spiritual growth in our community and our world by expressing love for all, acceptance of all and service to all.

WELCOME TO ADVENTURE IN FAITH 2024

A QUEST FOR MEANING & A BEAUTIFUL LIFE

AIF Kickoff — Sunday, October 13

12-Power Meditation & Prayer Vigil Noon-1:30

Every year we begin our Adventure in Faith with a prayer vigil to affirm the success of the Adventure and the health and wellbeing of our ministry.

Join us in the sanctuary after our Sunday Celebration from noon to 1:30 to take part in this year's vigil. We will combine the prayer vigil with this month's 12-Power Meditation, which typically takes place in the evening of the last Wednesday of the month... So a great opportunity to experience this meditation practice for those of you who aren't able to come to our evening events.

Enrichment Circles

Adventure in Faith is a seven-week program designed to grow your faith in God and the greatness in you and our community through working together, exploring spiritual ideas and practices together, praying together and deepening our lives together.

Each week, beginning this month, we will focus our Sunday service and our Enrichment Circles on spiritual principles gleaned from various books and different spiritual leaders, which will be discussed in Enrichment Circle Study Guides that will be provided. Each week will have a theme and color, and a commitment to exercise a spiritual practice.

Enrichment Circles, which are integral to our Adventure in Faith, are made up of a facilitator and 12 members, all covering the same material, all using the same study guides. Don't miss out! Sign up while there's still room! The meeting days of the week and times are:

Day of the Week & Time	Facilitator	Start Date
Tuesdays 1-2:30pm	Billie Shawl	October 15
Wednesdays 10:30-Noon	Rev Sharon	October 16
Thursdays 10-11:30am	Linda Cogdill	October 17
Thursdays 1-2:30pm	Rev Billie	October 17
Thursdays 5:30-7pm	Kate Okrongly	October 17

A Course of Love Goes Beyond A Course in Miracles Tuesdays @ 10:30am Meets in the Fillmore Classroom

Crystal Bowl Sound Healing Meditation Wednesday October 9th at 6:00pm

Emily Slonina is back to lead a Crystal Bowl Sound Healing Meditation. This is a public event; no yoga experience required. Bring a blanket or yoga mat and pillow if you like to lay down. And bring WATER! Love Offering \$20.

ADVENTURE IN FAITH SCHEDULE

When		Color
Oct 13	"Longing & Belonging"	Pink (love)
Oct 13	12-Power Meditation & Prayer Vigil, affirming the success of this year's Adventure in Faith and Year-End Fund Drive	
Oct 20	"Challenge & Transformation"	Royal Blue (faith)
Oct 27	"Courage to Be & Act"	Silver (will)
Nov 3	"Stay the Course & Travel Light"	Orange (zeal)
Nov 10	"Mystery, Wonder & Awe"	Light Blue (imagination)
Nov 17	"Making a Difference"	Gold
Nov 24	"New Horizons Beckon"	Emerald Green
Dec 6	Gala Holiday Celebration	

The Gala marks an end to a successful Adventure in Faith. This year's Gala will include a delicious catered dinner, bar, DJ and dancing. Plus we'll enjoy this year's video, which is the centerpiece for AIF.

**Watch For Information on Our Next
Membership Class, "Unity Basics"
Coming to You On Sunday, December 1**

Women's Group Rising Saturday, October 7th at 10:30am

Join Kate Jackson at this month's meeting to experience the "brain altering" method of neurographics on your personal issues or problems in a safe, pleasant environment. You will learn a little color theory and be exposed to the energy created by the group during this mindful process. Kate has 40+ years in metaphysics and creating art professionally and has found a new energy as a result of using this method herself in over 60 drawings this year alone. Supplies provided. Bring a salad or dessert to share at the potluck lunch following the workshop. Signup sheets are in the lobby and the bookstore.

Men's Group Connections — Thursday, October 3rd @ 3pm

The men's group meets the first Thursday of every month in the Ken Haynes Memorial Library from 3 to 5pm.

Men's Group Breakfast — Thursday, October 17th at 9am

On October 17th the group will meet at Bobby's Café, 15472 N 99th Avenue in Sun City. That's in the strip mall at the northwest corner of 103rd & 99th Avenues.

All men are invited to both meetings... and bring a friend to introduce him to Unity. Sign up in the sanctuary lobby or bookstore. Contact Ken Weidner with questions: KWeidner2000@yahoo.com.

Southwest Valley Metaphysical Studies Group October 2nd & 16th from 10:00 to Noon

The Arizona Enlightenment Center's Southwest Valley Metaphysical Studies Group meets in our Activity Center at 10:00 on the first and third Wednesday mornings of every month, and we are all invited to attend. *\$5 Love Offering*

Oct. 2: Master healer, Eva Marie Caraballo, invites you to make the permanent shifts you need to make-to create and sustain your peace while in the midst of stress. Your thoughts matter so much because everything you want in life must be created and you need to maintain positive thoughts that align with that vision. But many eventually drift back into the mindset rut they've been in their whole lives. Eva will teach you a tool that has been used by the world's most successful people to create extraordinary results.

Oct. 16: Sheryl Taylor does energy healing and spiritual work with people. She practices Shamanism and facilitates ceremonies and drum circles. She will be holding a discussion on topics such as channeling, light language, soul contracts and body identification. If you don't know what all these are, come join Sheryl for an enlightening morning of high frequency energy.

Volunteer of the Month: Ralph Martini

Ralph is Mr. Johnny-on-the-Spot for us. Not only does he platform during at least one Sunday service each month, you'll see him jumping in to help wherever help is needed on Sundays. Thank you, Ralph, for all you do for us!




unity[®]
Spiritual Center

We're on the Web at
www.unitysc.org

Ministers

Rev. Sharon Connors, Sr. Minister
Rev. Lei Lanni Burt, Assoc Minister
Rev. Billie Martini, Assoc. Minister

Licensed Unity Teachers

Linda Cogdill, LUT
Sandy Walker, LUT

Center Administrator

Cathy Collins

Music Team Leadership

Mollie Kidari, Director
Cathy Mannino, Assistant Director
Melvin Johnson, Choir Director
Kate Jackson, Asst Choir Director

Board of Trustees

Mack Essary, President
Barbara Layton, Vice President
Eileen Barber, Secretary
Doug Krause, Treasurer
Darlene Hubard
Laura Kostyo
LaVonne Rasmusson

10101 West Coggins Drive
Sun City Arizona 85351

623-974-6443

Office Hours:

Tuesday through Thursday
8:30am to 5pm



Find us on
Facebook



<https://www.facebook.com/UnitySCAZ/>