

Rewiring: Get It Done

"Step by step, thought added to thought, spiritual emotion added to spiritual emotion, eventually the transformation is complete..."

– Charles Fillmore

To My Partners on the Path,

First and foremost, thank you for all the love. As I engage in rewiring my brain after the stroke, your outpouring of love is lighting my path and nourishing my heart.

Reflecting on the whole idea of rewiring, I came to see that, in the context of transformation and restoring a culture of heaven in my heart, rewiring is an ongoing process. Not just now to regain full use of my left arm, hand, and leg. I've learned in Unity that I can rewire old thought patterns that are detrimental to my happiness, my body and life experience. I've often learned the hard way!! It is the rigorous spiritual practice of releasing any and all negative thoughts and emotions and replacing the space with positive thoughts and emotions.

Of course, I must first understand that negativity/resistance of any kind to people,

places, circumstances, and things is toxic to spirit, soul, and body.

This is the great challenge to our humanity. We are tender beings that heaven—the indwelling Spirit of God—exhorts us to rise above. And it's work, make no mistake about that. First, though, I have to admit the truth about my own internal negative reaction, accept it and replace it with a spiritually healthy thought and emotion. That's rewiring. It's forgiving. It's Golden Keying it. And it leads to right action.

Back to my own rewiring, I'm told that I have to build new connections. My brain has to relearn. I hope you are seeing the parallel with spiritual rewiring. I have to stay focused on the Truth that I know—know because, in some ways, I have experienced it. You, too! If you should lose that connection to the Presence, Power, and Goodness of God, you can, in a nanosecond reconnect. You'll need to stay awake and aware, though. Not easy, but so worth it. It's to take dominion of the infinite, creative mind of yours. I'm in conversation with my body—



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May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:00am SW Vly Enlightenment Ctr Metaphysical	2 10:30am AA 6pm OA	3	4 10:30am Women's Group
5 10:30am <i>Mayday! Mayday!</i> Rev Billie Martini 11:45 Fellowship 12:30 Prayer Chaplain Mtg	6 4:30pm TOPS 5pm ACA	7 10am Circle of Prayer 10:30am A Course of Love 10:30am AA	8 6pm Sound Healing Meditation	9 10:30am AA 6pm OA	10	11
12  10:30am <i>Happy Mother's Day</i> Rev Lei Lanni Burt 11:45am Fellowship	13 4:30pm TOPS 5pm ACA	14 10am Circle of Prayer 10:30am A Course of Love 10:30am AA 5pm Healing Hands	15 10:00am SW Vly Enlightenment Ctr Metaphysical	16 9am Men's Group Breakfast 10:30am AA 6pm OA	17	18
19 10:30am <i>Power UP!</i> Rev Billie Martini 11:45 Fellowship	20 4:30pm TOPS 5pm ACA	21 10am Circle of Prayer 10:30am A Course of Love 10:30am AA	22	23 10:30am AA 6pm OA	24	25
26 10:30am <i>Memories</i> Revs Lei Lanni Burt and Billie Martini 11:45am Fellowship Noon Board Mtg 	27 4:30pm TOPS 5pm ACA	28 10am Circle of Prayer 10:30am A Course of Love 10:30am AA 5pm Healing Hands	29	30 10:30am AA 6pm OA	31	

May Birthdays

1—Karen Pollick
4—Ruth Van Epps
7—Cheryl Catale
7—Charlie Mannino

8—Judy Phillips
9—Sue Posey

11—Linda Martodam
13—Judy Moxley
14—Diane Fielding
30—Patricia Jones

Mission Statement:

To teach and demonstrate principles that inspire people to live their greatest life through discovering Spirit within.

Vision Statement:

Advance spiritual growth in our community and our world by expressing love for all, acceptance of all and service to all.

A Course of Love
Goes Beyond A Course in Miracles
Tuesdays @ 10:30am
Meets in the Fillmore Classroom

West Valley Metaphysical Studies Group

The Arizona Enlightenment Center's West Valley Metaphysical Studies Group meets in our Activity Center at 10:30 on the first and third Wednesday mornings of every month, and we are all invited to attend.

On Wednesday, May 1st, Dr. Bain, a distinguished chiropractor and energy healer, taught an inspirational course focused on muscle testing, healing complex health challenges, unraveling subconscious programming that impedes healing, and mastering self-healing energy work.

On Wednesday, May 15th, renowned healer, Mary Canady, owner of Embrace Pain Free Living and who also serves on the board of Arizona Enlightenment Center, will present her program on healing. Her current focus is on using Spiritual Response Therapy (SRT) to bring about transformative healing results. Mary invites you to bring your questions and enjoy a judgment-free space to explore new modalities or learn more about energy work in general.
Love Offering.

Crystal Bowl Sound Healing Meditation
Wednesday May 8th at 6pm

Certified Sound Healing Practitioner, Yoga Teacher and Reiki Master, Emily Slonina will lead a Crystal Bowl Sound Healing Meditation. This is a public event; no yoga experience required. Bring a blanket or yoga mat and pillow if you like to lay down. And bring WATER!
Love Offering \$15.

Power of the Month: Power

“The power center in the throat controls all the vibratory energies of the organism. It is the open door between the formless and the formed worlds.” Charles Fillmore, *The Twelve Powers of Man*

Divine Power vibrates purple and the biblical symbol is the disciple Phillip.

Power transforms energy from one plane of existence to another. Thoughts become words. Power is the energy form that turns on all the other powers. Power is energy in action.

Stay Tuned for Plans for June and Into the Summer!

As of the beginning of May, Rev. Sharon has plans to hold a 12-Power, Sound Healing Meditation in June, on June 26th at 6pm.

As you can imagine, we are taking one day at a time as Rev. Sharon continues her healing journey. So be sure to read your weekly announcements for weekly updates on our plans as they are developed.

Two May Holidays!

Don't miss our two Sunday Holiday Celebration Services this month! We will enjoy special blessings on Mother's Day (May 12) and the Sunday before Memorial Day (May 26).



Volunteer of the Month
Marlene Messer

Marlene has been a Unity member for over 20 years. She has been active as a volunteer for almost as long.

She loves music and has entertained in nursing homes, jails and in vaudeville. She plays a hot accordion, still dances twice a week and plays shuffleboard three times a week.

She has sung in our choir, has served on our Board of Trustees, and is currently our Assistant Head Usher.

We really appreciate you, Marlene, and your willingness to pitch in and help out however you can!

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directing it, loving it, thanking it for every little sign of progress.

The good news is that neuroscience has shown to be true what Unity, Jesus and spiritual masters have taught all along—it's called "neuroplasticity". Your mind is plastic to your thoughts. Focus on the good you desire and the mind forms to the good—and your body and experience respond. Our co-founder Charles Fillmore called it regeneration. He did it to successfully regenerate his withered leg. He no longer needed an elevator shoe because his withered leg had regenerated. It did not happen in a day or a week, but it did happen because he stayed the course. Jesus demonstrated over and over again the miracle-working power of faith-thinking. I must remind myself, though, that it is a step-by-step process—that whole thing of rewiring the brain.

I'm on it. I hope you will join me in the practice!

With Great Love,
Rev. Sharon

12-Step Meeting for Adult Children of Alcoholics/ Dysfunctional Families (ACA) Mondays at 5pm

This group meets weekly in the Ken Haines Memorial Library. The meetings are a safe, loving place to explore ways to live in the "solution" — a way of life healed of the issues of living in an addictive environment. ACA focuses on 'The Solution,' which is to 'Become your own loving parent.' Attendance at Unity not required. *Love offering.*

Women's Group Rising

The Women's Group enjoyed a fun outing for their May meeting at the Pink Door Tea House in Old Town Glendale's Historic District.

Then, stay tuned for more information regarding a combined Women's & Men's group meeting on June 1st when Stan and Billie Shawl will walk you through their recent visit to Paris.

Men's Group Breakfast Thursday, May 16th at 9:00am

All men are invited to the Men's Group on May 16th at Bobby's Café, 15472 N 99th Avenue in Sun City. That's in the strip mall at the northwest corner of 103rd & 99th Avenues. (That's where 103rd Ave turns into Greenway.) Sign up in the sanctuary lobby or bookstore. Contact Ken Weidner with questions: KWeidner2000@yahoo.com.


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www.unitysc.org

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Rev. Billie Martini, Assoc. Minister

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